



Niles Park District 847-297-8010

# IceLand's Skate School Update 12th Edition



## Dates & Discounts to Remember...



- **Fall 4 week Mini Session Registration begins 7/30.** Timely registration allows us to schedule enough instructors for classes. Sorry! \$5.00 late fee after 8/19.
- **Summer Session testing begins 8/9.**
- **Fall 4 week Mini Session 8/20 - 9/15. No testing is conducted in mini sessions.**
- **Buy 1 LTS class, get a second LTS class 1/2 price!**
- **Fall 9 week Session Registration begins 8/20.** Sorry! \$5 late fee after 9/16.
- **Fall 9 week Session 9/17 - 11/17.**
- **Team Iceland Kickoff Meeting 8/25, 12:00pm. Want to know more about our exciting competitive team of skaters? Don't miss this meeting!**
- **Holiday Recital Registration begins 8/3.** Sorry! Late fee after 12/1.
- **Holiday Recital Sunday, 12/16. 2:30 - 4:00 reception, party, and public skate! 4:10 - 5:40 Recital!**

## Attention 2013 Soloists! Auditions are 1/21/2013 7:00am - 8:30am. You must:

1. Enrolled in any LTS class during Fall Mini, Fall, Winter, and Spring sessions.
2. You must attend one Soloists' meeting either Sat. 8/25, 12:45pm or Thurs. 9/6, 7:00pm.

## Love to Skate? Try Our Specialty classes! Something for everyone!

**Parent/Tot:** Children ages 3-5 and a parent learn the basics of skating through games, songs, and having fun.

**Teen/Adult:** Skating fundamentals are presented sequentially at each skater's pace for a fun filled on ice experience!

**Skate Into Synchro:** PA2 - FS1 skaters learn to skate as a team. Lines, circles, blocks, pass throughs and more!

**Alpha—Delta Power:** PreAlpha 2 through Delta. Begin the development of strength, stamina, and edge quality.

**Delta - FS3 Power:** Delta - FS3. Improve edge quality and power while developing artistry and presentation.

**Power & Style:** FS4 and up. Further advance edge quality, power, artistry, and presentation.

**Bag O' Tricks:** FS1 & up. Learn fun interesting maneuvers, great for shows that aren't in Learn-to-Skate levels.

**Axel Workshop:** FS3 & up without an axel. 1/2 hour on ice and 1/2 hour off ice to land and perfect that Axel!

**High Jump Class:** For those who have a consistent Axel. 1/2 hour on ice and 1/2 hour off ice to land and perfect those doubles!

**Team Compulsories FS1-3 or FS4 and up:** Learn a competitive routine to music on a team of 6 skaters to represent Team Iceland! 1/2 hour on ice and 40 minutes off ice.

**Dance/Ballet & Jazz ages 6—10 -OR- Dance 2 Ballet & Jazz ages 11 and up or instructor approval:** Learn balance, technique, & artistry of dance for polished on ice performances.

**Floor Barre:** This cross training workout improves strength and flexibility with an emphasis on skeletal and muscular alignment to help improve those beautiful spins, spirals, and more.

**Off Ice Conditioning Beginner ages 8 and up or instructor approval or Intermediate with instructor approval:** Develop core strength and stability, balance, explosive power, and flexibility for powerful performances on ice.

## Choosing a Private Coach Is as Easy as 1, 2, 3!

Whether to master skills, perform in recitals & shows, or participate in competitions, private lessons benefit everyone.

1. Ask your child which class instructors they learn from the best. 2. Observe our instructors giving private lessons. 3. Complete a Private Lesson Request Form. You may request a particular instructor, or the Skating Director will help you choose one!

**For up-to-date info on Learn-to-Skate classes, specialty classes, private lessons, freestyle, ice show, camps, or synchro team, please check the bulletin boards located next to the Skate School Office.**

## ISI Tests Passed

3-2-12 through 7-20-12

### Beta

Farah Fatehali

Kalyn Zwik

### Gamma

Patricia Corasis

### Delta

Emilee Gruszeczeki

Julia Studie

### Freestyle 1

Salma Causevic

Nichol Hotca

### Freestyle 3

Stephanie Bekas

Isabella Simioni

### Freestyle 4

Kayla Berkson

### Freestyle 5

Angelina Guiliano

Alyssa Sarilarp



## 2013

## Spring Ice Show

**May 3 - 5!!**

## USFS Tests Passed

3-2-12 through 7-14-12

### Prepreliminary Moves

#### In the Field

Elizabeth Ahne

Emily Jarzabek

Ashley McManus

Natalie Norton

Alanna Ratusz

Salma Causevic

Isabella Simioni

Kathy Sliwinski

Jelena Stankovic

### Prepreliminary Freestyle

Emily Jarzabek

Ashley McManus

Alanna Ratusz

Kathy Sliwinski

### Preliminary Moves

#### In the Field

Caraline Bekas

Stephanie Bekas

Ashley McManus

Alanna Ratusz

Isabella Simioni

### Preliminary Freestyle

Emily Jarzabek

McKenzie Liboy

Kathy Sliwinski

### Prejuvenile Moves

#### In the Field

Peyton LaValley

Alyssa Sarilarp

### Juvenile Moves

#### In the Field

McKenzie Liboy

