



Niles Park District 847-297-8010

# IceLand's Skate School Update 10th Edition



## Dates & Discounts to Remember...

- **Winter LTS testing takes place 9th and 10th weeks** beginning Tuesday, 3/6.
- **Spring Learn-to-Skate Session Registration—3/6—3/17**  
Timely registration allows us to schedule enough instructors for classes. \$5.00 late fee after 3/17.
- **Buy 1 LTS class, get a second LTS class 1/2 price!**
- **Ice show rehearsals begin 3/25.** Check the schedule at [niles-parks.org](http://niles-parks.org)
- **Kick off meeting for ISI Worlds in Dallas, Texas—3/31/12, 12:00 noon**
- **Don't miss Shrek the Icicle! Ice show tickets go on sale 4/16!**
- **Hearty congratulations to Team Iceland & good luck at District 8!**  
Rolling Meadows Frost Fest 1st place Team Trophy!  
Niles IceLand Sweetheart Open 1st place Team Trophy! In the spirit of good sportsmanship, we deferred to the 2nd place visiting team.  
Northbrook Winter Classic National Event 2nd place Team Trophy among 53 rinks!
- **Want to be part of a successful and growing competitive figure skating team? Join Team IceLand for friends, fun, competitions, seminars, & more! See the Director!**



## Love to Skate? Try our Specialty classes! Something for everyone!

- Parent/Tot:** Children ages 3-5 and a parent learn the basics of skating through games, songs, and having fun.
- Teen/Adult:** Skating fundamentals are presented sequentially at each skater's pace for a fun filled on ice experience!
- Skate Into Synchro:** PA2 - FS1 skaters learn to skate as a team. Lines, circles, blocks, pass throughs and more!
- Alpha—Delta Power:** PreAlpha 2 through Delta. Begin the development of strength, stamina, and edge quality.
- Power & Style:** FS1 and up. Improve edge quality and power while developing artistry and presentation with music.
- Bag O' Tricks:** FS1 & up. Learn fun interesting maneuvers, great for shows that aren't in Learn-to-Skate levels.
- Axel Workshop:** FS3 & up, with or without an axel. 1/2 hour on ice, 1/2 hour off ice to land & then perfect that axel.
- Dance/Ballet & Jazz ages 6—10 -OR- Dance 2 Ballet & Jazz ages 11 and up or instructor approval:** Learn balance, technique, & artistry of dance for polished on ice performances.
- Off Ice Conditioning:** Ages 8 & up or instructor approval. Develop core strength and stability, balance, explosive power, and flexibility for powerful on ice performances.
- Off Ice Stretch:** In a safe & supervised environment gain full body flexibility for incredible on ice maneuvers!

### Choosing a Private Coach:

Private lessons benefit everyone. Whether to master skills, perform in recitals and shows, or participate in competitions, it's as easy as 1, 2, 3:

1. Ask your child which class instructors they like.
2. Observe our instructors giving private lessons.
3. You must complete a Private Lesson Request Form. You may request a particular instructor, or the Skating Director will help you choose one!

## Show Time!

May 18—20, 2012

Get the whole family involved!  
Registration is still open for the family number!  
Come join in the fun! \$50 per family member.

# Shrek The Icicle

For up-to-date info on Learn-to-Skate classes, specialty classes, private lessons, freestyle, ice show, camps, or synchro team, please check the bulletin boards located next to the Skate School Office.

## ISI Tests Passed

11-24-11 through 3-1-12



### Pre-Alpha

Georgia Wind

### Alpha

Audrey Hayes

### Beta

Audrey Hayes

Emma Hitch

### Gamma

Julia Sudie

### Freestyle 2

Elizabeth Ahne

### Freestyle 3

Harleigh Goodman

### Freestyle 5

Kathy Sliwinski



## Mandatory Ice Show volunteer meeting Sat., 4/14 10:00am

If you wish to be an usher or locker room attendant, you must attend and complete appropriate paperwork.

## USFS Tests Passed

11-24-11 through 3-1-12

### Prepreliminary Moves

Peyton LaValley

Gianna Pauly

Alyssa Sarilarp

Isabella Simioni

Jelena Stenkovic

### Prepreliminary Freestyle

Peyton LaValley

Alyssa Sarilarp

### Preliminary Moves

Peyton LaValley

Alyssa Sarilarp

### PreJuvenile Moves

Angelina Guiliano

