

# Private Skating Lesson Request Form

Now that you have decided to take private lessons. Please complete this form and turn it in to the skating director [aforbes@niles-parks.org](mailto:aforbes@niles-parks.org). You will be contacted in a prompt manner.

Remember: Private lessons are a great way to learn quickly while having fun, but they also require commitment from the student, coach and parent. Once you have your lesson day and time, please make sure to exchange telephone numbers and e-mail addresses with your instructor and communicate possible delays or cancellation with them directly. All instructors have their own policy's regarding late arrival and missed lessons, so you will want to check with your specific instructor. Most will charge you for no-show lessons, full fee's for lessons even when late, and consultation time. Our instructors are all on tight schedules and no one wants to waste time or money. Please remember your instructor is an independent contractor while teaching a private lesson. They must hold liability insurance as such naming Niles IceLand as additionally insured. All of our instructors have been back ground check not only by our park district but also by our professional organizations for the safety of our customers.

Keep in mind that you can discontinue your lessons or make a change in instructors at any time. It is very important, though, to make your intentions known before missing a lesson and/or before switching or adding a new instructor. Not only is this a courtesy, but it also helps to lessen any misunderstanding between staff and customers. Our staff will not take on a student until the balance with the previous coach has been paid. Thank you for your cooperation.

Date: \_\_\_\_\_ Best way to contact you? \_\_\_\_\_

Skater's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Skating Level: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Skaters level: \_\_\_\_\_

Is your skater presently enrolled in learn to skate classes?

Yes \_\_\_\_\_ No \_\_\_\_\_

Name of class: \_\_\_\_\_ Day/Time: \_\_\_\_\_

I am interested in...

\_\_\_\_\_ Short-term for improving skills required for class

\_\_\_\_\_ Regular/Weekly arrangement

\_\_\_\_\_ Long-term/ possibly for testing and competition

Please take a look at our freestyle schedule and public skate schedule

(If you are Tot-Alpha Levels) and give us several options of what

day time may work for you to come for a private lesson.

Instructor preferences: if any: \_\_\_\_\_

If you do not have preference a qualified instructor will be given your contact information

by the skate school director and then the instructor will contact you directly.

Questions/Comments: \_\_\_\_\_



## Private Ice Skating Lessons



\* Niles IceLand \* 8435 W. Ballard Rd. \*

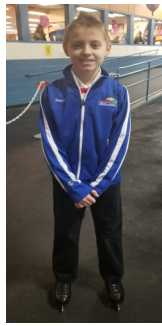
\* Niles, IL. 60714 \* Phone: 847-297-8010 \*

[aforbes@niles-parks.org](mailto:aforbes@niles-parks.org)

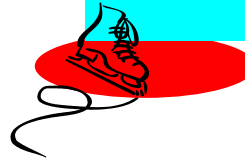
## **Private Lesson** **Instructors**



- To work on the more difficult skills within a class level or improve hockey skating skills
- To progress more rapidly through personalized training and individualized attention
- To prepare for group lesson testing
- To prepare for testing and earn a recognition patch with in the Ice Sports Industries (ISI) or Learn to Skate USA programs.
- To prepare for and to have a coach assisting you at local and/or national, ISI or LTS USA recreational competitions.
- To test and compete with in the United States Figure Skating (USFS) organization
- To help prepare you to skate with one of our teams
- To earn or prepare for an ice show or holiday show solo/duet/trio.
- To help you reach your skating potential
- IceLand has a highly qualified, certified, and experienced coaching staff.
- All staff members are background check by the park district and our professional organizations.
- Because it is FUN!



## **Private Lesson** **Instructors**



Nadia Castillo, Instructor

Coaching: New to Coaching  
ISI Professional Member  
Safe Sport Compliant

CPR and First Aid Certified

USFS Gold Medalist Moves In the Field

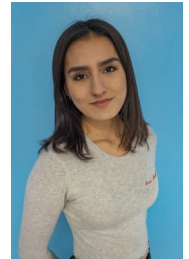
Pre Gold Ice Dance

USFS Novice Freeskate

ISI Freestyle 8

USFS International Synchronized Skating Competitor

Solo Performer in 2021 Ice Semble' Chicago Annual Show



## Private Lesson Instructors



### Martha Torres, Instructor

Coaching: 15 Years

Instruction in Learn to skate skills and Recreational Skating

ISI Professional Member

ISI Bronze Judges Certification

BA Elementary Education—Judson University, Elgin, IL.

MA—Curriculum and Instructions—Concordia University, River Forest, IL.

Bilingual Certification—St. Francis University

Special education Certification—University of Phoenix

**Safe Sport Compliant**

CPR and First Aid Certified



### Kathy Sliwinski, Instructor

Coaching: 7 years

Instruction in Freestyle, Competitive, Recreational, and Off-Ice Conditioning

Bachelors of Science in Nursing (BSN) – University of Michigan, Ann Arbor, MI

Current nursing PhD student – University of Pennsylvania, Pennsylvania, PA (Graduation: Spring 2024)

ISI Professional Member

USFS CER and Safe Sport Compliant

Personally passed ISI Freestyle 8

Available for supplemental lessons over breaks (i.e., thanksgiving break, winter break, spring break, and summer terms until graduation)

CPR and First Aid Certified



## How Do Private Lessons Work?



Private lessons are a great way to learn quickly while having fun. As with any learning situation, a student may progress more rapidly because of the one-on-one focused attention.

Each instructor acts as an independent contractor and sets his/her own rate. Instructor fees are dependent on the experience, teaching credentials and professional accreditations. Generally, the range is \$25-\$40 per half hour. Lessons may be 15, 20, 30 or 60 minutes in length depending on scheduling and age/attention span of the skater. Students pay the coach directly for the lesson and pay the ice arena for the use of the ice.

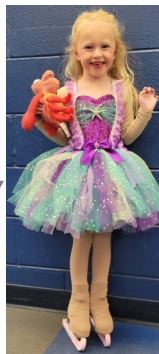
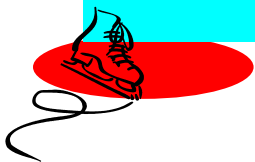
You will want to arrange your lesson for a convenient time. Lessons may be scheduled on the many freestyle sessions the ice arena offers. Only those skaters in the Tot through Alpha level may schedule a lesson on a public skate time. If, at anytime, it seems unsafe for a lesson to be given at a public skate time said lesson may need to be stopped. Special arrangements may be made with the skating school director to have a lesson on a non-prime public skate time. Only Niles IceLand staff are welcome to teach a private lesson on any public skate time. Guest coaches must be see the skating director, complete paperwork, and be approved before using freestyle sessions at IceLand.

There are special rules for a skater taking lessons on a scheduled freestyle session. If the skater is in the Beta level or below he/she must be accompanied by a coach on a freestyle and must exit the ice following his/her lesson. Skaters in Gamma or above may remain on a freestyle without a coach as long as they understand the rules of the freestyle sessions. Exceptions will be made for Niles IceLand programs such as summer camp.

Skaters may purchase an hour freestyle or a half hour of freestyle time. Skaters may also pick their hour or half hour within the scheduled freestyle times. All skaters must sign in and pay before entering the ice.



## **Private Lesson Instructors**



Now that you have read over the material and have decided that you would like to begin private lessons, what's next?

Please see the following suggestions:

### 1. Determine your skating goals.

Do you want just a few lessons so that you can pass your learn to skate class or do you want weekly lessons?

Are you wanting to test and/or compete within the Ice Sports Industries (ISI) structure?

Do you want a solo in the holiday recital or spring ice show?

Are you looking to become more competitive and test and compete within the United States Figure Skating structure?

Do you want to improve your skating skill to be on a hockey team?

### 2. Inquire about our instructors experience, accreditations, and teaching specialties.

When possible observe them teaching in class and private lesson situations. Many times parents ask for their skaters group class instructor because he or she is familiar with their skater. Sometimes that person is a great fit but before making that request we still recommend checking out all of our highly qualified instructors. When in doubt the skating director can help lead you down the best path.

## **Private Lesson Instructors**



### **Julia Sudie, Instructor**

Coaching: 6 Years  
Instruction in Freestyle, Choreography, Competitive, and Recreational  
BA in Photography from Columbia College Chicago  
PSA CER Certified  
USFS CER and Safe Sport Compliant  
ISI Silver Judge Certification  
USFS Gold Medalist in Moves in the Field  
CPR and First Aid Certified



### **Chelsea Ridley, Instructor**

Coaching: 13 years  
Instruction in Choreography, Uncaptured Maneuvers, Dance (Hip hop, Modern, Jazz, Caribbean), LTS, Competitive, Freestyle, Spins, LTS Hockey  
ISI Professional Member  
Safe Sport compliant  
ISI Gold level Judge  
PSA CER Certified  
Personal achievements:  
Passed USFSA Senior MIF & Freeskate  
Passed ISI Freestyle 8  
Senior Level Competitor  
Youngest Cast Member of the professional show Ebony On Ice  
Featured and skated on the TV Echappées Belles aired in France  
Guest Skater in several ice arena shows.  
Principal performer Universoul Circus  
Star of the future award winner Sun Valley Open 2016  
Ladies Line Captain Disney on Ice World's Of Enchantment  
Principal Performer Disney on Ice Dream Big  
AIT Chicago member  
Line Captain and Movement artist for Brownbody  
Social media influencer (Hiphopicequeen) Brand Ambassador for Aurora Tights and Ridelle  
CPR and First Aid Certified



## Private Lesson Instructors



### Angela Como, Instructor

Coaching: 10 Years

Instruction in Freestyle, Choreography, Competitive, Recreational, Moves in the Field, and Hockey  
BS in History Education and Dance Performance from Illinois State University

Endorsements in PE Education and Health Education from Northeastern Illinois University

PSA CER Certified

PSA Ratings in: Moves in the Field (Registered) and Group Instruction (Certified)

Safe Sport Compliant

ISI Gold and Team Judge Certification

USFS Gold Medalist in Moves in the Field and Freestyle

Regional and Collegiate National Competitor

Professional Show Skater with Holiday on Ice

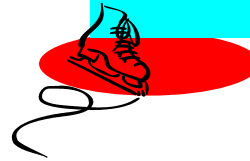
Current American Ice Theatre Company Member, Assistant Director, and Instructor

Ballet for Figure Skaters Certified Instructor

CPR and First Aid Certified



## Getting Started and Selecting a Coach



3. Now you are ready to complete the PRIVATE LESSON REQUEST FORM on the last page of this document. Turn it in at the front counter and the skating director will pass it on to one of our qualified staff.

4. Get ready to have fun and progress in the sport of skating. Whether your goal is learning how to stop, becoming a figure skater or hockey player, or just getting some exercise. The IceLand Skate School Staff will help make it happen!

### Sara Darbyshire, Instructor

Coaching: 16 Years

Instruction in Freestyle, Moves in the Field, competitive & recreational figure skating.

Masters of Arts in Teaching - High school and middle school math and science

BS in Biological science from Northern Illinois University in Dekalb, IL.

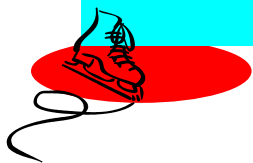
USFS CER and Safe Sport Compliant

ISI Gold and Team Judges Certification

CPR and First Aid Certified



## Private Lesson Instructors



Amy Forbes, Skating Director

Coaching: 27 years  
 Instruction in Freestyle, Moves in the Field,  
 Choreography, Competitive, Recreational,  
 Team Skaters, & Hockey Skating Skills  
 MA Sports Leadership-Concordia University, River  
 Forest, IL  
 BA—Dance Technique Applications—Northeastern Illinois University,  
 Chicago, IL.  
 PSA Master Rated Skating Director & Group  
 PSA Certified Rated Moves in the Field & Choreography  
 PSA Registered Rating Freestyle  
 USFS CER and Safe Sport Compliant  
 ISI University Certification of Arena Programming and Skating Director  
 ISI Instructor Training Core, Intermediate, and High Certifications  
 ISI Gold, Team, and Referee Judges Certification  
 USA Hockey Level 4 Certified  
 10 Years Professional Ice Show Performer and Choreographer  
 Coached skaters through USFS Gold Freestyle, Gold Moves in the Field,  
 Gold Freedance, and ISI Freestyle 9  
 CPR and First Aid Certified

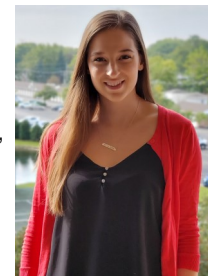


## Private Lesson Instructors



Gina Cline-Mosson, Assistant to the Skating Director

Coaching: 14 years  
 Instruction in Freestyle, Moves in the Field, Competitive,  
 Recreational, & Team Skaters  
 MA - Coaching Sport Performance, Western Michigan  
 University  
 BA – American Studies, Dominican University  
 PSA Certified Ratings – Group Instructor  
 USFS CER and Safe Sport Compliant  
 ISI University Certification - Skating Director  
 ISI Gold and Team Judges Certification and District 8 Referee  
 ISI Instructor Training Core, Intermediate, and High Certifications  
 CPR and First Aid Certified



## Denise Dublinski, Instructor

Coaching: Over 20 years  
 Instruction in Freestyle, Moves in the Field,  
 Choreography, Competitive, Recreational, & Team  
 Skaters  
 MA Educational Technology - Concordia University,  
 River Forest, IL  
 MA Educational Leadership - Concordia University,  
 River Forest, IL  
 BA—Special Education—Illinois State University, Normal, IL  
 Nationally Board Certified Teacher  
 PSA Rated Group Instructor  
 USFS CER and Safe Sport Compliant  
 ISI District 8/9 Referee  
 ISI Gold and Team Judges Certification  
 ISI Instructor Training Core, Intermediate, and High Certifications  
 CPR and First Aid Certified

