

4 Week  
Mini  
Session

# Fall Hockey 2021

## IceLand Ice Arena Hockey Program

8435 W. Ballard Road Niles, IL 60714 (847) 297-8010

Resident Registration: August 1  
Open Registration: August 6 - August 31  
\$5 late fee after August 31



### ROOKIE RANGERS

Our most basic hockey class. Designed for beginner skaters with an interest in playing hockey. Skills covered in this class involve all basic skating skills-push & glides, stops, turns, backwards skating, transitions and crossovers. Stick and pucks are used in class to give each child a "taste" of playing hockey. All basic equipment (skates, shin-guards, elbow pads, gloves, helmet and stick) is provided for an additional charge. Players who have their own equipment are also welcome in class. Enrollment is limited.

- ◆ **Pre-Requisite:** Complete Intro Class with approval of Niles Hockey Instructor or possess basic skating skills and be able to glide. Players must be able to stand on the ice without assistance and be able to balance.

<u>Code:</u>	<u>Sec.:</u>	<u>Age:</u>	<u>Time:</u>	<u>Day</u>	<u>Date: (4 weeks)</u>	<u>Fee:</u>
333317	01	5-7	2:00-2:30 pm	Sat	09/11-10/02	Res \$39 / Non-Res \$49
333317	02	8-13	2:00-2:30 pm	Sat	09/11-10/02	Res \$39 / Non-Res \$49
333317	03	5-7	1:00-1:30 pm	Sun	09/12-10/03	Res \$39 / Non-Res \$49
333317	04	8-13	1:00-1:30 pm	Sun	09/12-10/03	Res \$39 / Non-Res \$49
333317	05	5-7	1:45-2:15 pm	Sun	09/12-10/03	Res \$39 / Non-Res \$49
333317	06	8-13	1:45-2:15 pm	Sun	09/12-10/03	Res \$39 / Non-Res \$49
333317	07	5-7	5:30-6:00 pm	Wed	09/08-09/29	Res \$39 / Non-Res \$49
333317	08	8-13	5:30-6:00 pm	Wed	09/08-09/29	Res \$39 / Non-Res \$49



### POWER RANGERS

Power Rangers is the next progression after a successful evaluation from our Rookie Rangers class. This class continues to cover skating at an intermediate level, as well as offering instruction on other skills of the game, including puck handling, passing and shooting. We strongly encourage players who have joined a Rangers team to continue to work on their individual skill development by taking a Power Rangers class. Full equipment is required. Enrollment is limited.

- ◆ **Pre-Requisite:** Successful attainment of skills that are taught in Rookie Rangers and approval of hockey instructor or hockey director.

<u>Code:</u>	<u>Sec.:</u>	<u>Age:</u>	<u>Time:</u>	<u>Day</u>	<u>Date: (4 weeks)</u>	<u>Fee:</u>
333319	01	6-8	7:05-8:05 pm	Thurs	09/09-09/30	Res \$78 / Non-Res \$98
333319	02	9-14	7:05-8:05 pm	Thurs	09/09-09/30	Res \$78 / Non-Res \$98

Please read our updated rink guidelines that are located on our website, for the rules that will need to be followed when attending a Niles Park District clinic.





## Body Contact/ Shooting Clinic

This clinic will cover age specific progression of body contact skills. This will include safe ways to play along the boards, using leverage to play the puck and “heads up hockey”. Body checking, angling and more experienced shooting techniques will be taught to the bantam level and above players. The U8 Mite thru Peewee level players will work on proper shooting technique for wrist shots and backhand shots, stickhandling, puck protection, moves and fakes and angling.

- ◆ **Pre-Requisite:** Must have completed one session of Power Rangers or played on a Rangers U8 team or above this past Spring or Fall.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>Day</u>	<u>When: (4 weeks)</u>	<u>Fee:</u>
333318	01	Ages 8-11	7:05-8:05 p.m.	Tues	09/07 - 09/28	Res \$78 / Non-Res \$98
333318	02	Ages 12-16	7:05-8:05 p.m.	Tues	09/07 - 09/28	Res \$78 / Non-Res \$98



## Adult Hockey Clinic

This 3-week clinic is designed for beginner and intermediate level players over 16 years old. Full equipment is required for the clinic. The structure of the clinic will be drills and scrimmaging.

- ◆ **Pre-Requisite:** Must have full equipment and possess basic skating skills. Players need their own equipment for this class.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>Day</u>	<u>When: (3 weeks)</u>	<u>Fee:</u>
333304	06	Ages 16-99	9:45-10:45 p.m.	Mon	09/13 - 09/27	Res \$59 / Non-Res \$74



## Goalie Clinic

This 4-week class will use station-based training. It will allow goalies to get maximum repetitions to further their development. Goalies will learn and work on their fundamentals, rebound control, proper save selection, recovery, etc. Goalies of all levels are welcome. This class has a maximum of 9 goalies.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>Day</u>	<u>When: (4 weeks)</u>	<u>Fee:</u>
333318	03	Ages 7-10	5:50-6:50 p.m.	Fri	09/10 - 10/01	Res \$78 / Non-Res \$98
333318	04	Ages 11-16	5:50-6:50 p.m.	Fri	09/10 - 10/01	Res \$78 / Non-Res \$98

Registration can be done in-person at the IceLand rink or by email (by sending the registration form to at alex@niles-parks.org). If you have any questions about a clinic, please call the Hockey Office at (847) 297-8010.