



# KICKOFF THE SUMMER SKATING WORKSHOP

**SPECIAL GUEST  
COACHES**



**Jackie Brenner**

**Diane Miller**

LIMITED  
TO THE FIRST  
50  
SKATERS

**Monday June 10, 2024  
7:45am-3:30pm**

**\*On and Off Ice Sessions\***

**\*Limited Private Lessons Available\***

**ISI Gamma/LTS USA Basic 6**

**Through**

**ISI FS 10/USFS Silver FS**

**levels welcomed**

**& encouraged to participate!**



**Team IceLand**  
NILES PARK DISTRICT



# Meet our guest coaches...



## Jackie Brenner, Director of Figure Skating Operations

### **US Figure Skating Coaching**

- Regional Champions, Sectional and National Medalists
- 30+ Years Coaching Experience for All Levels
- Director of Figure Skating Operations: Arctic Edge Ice Arena OKC | Blazers Ice Centre
- Skating Director, Arctic Edge Ice Arena
- Summer Skate School Director and Coordinator

### **Professional Skaters Association**

- PSA Master Rated Professional
- FS, MIF, MDFD
- Level V Ranking
- USA Hockey Skills Coaching
- Power Skating for NHL, ECHL, CHL, WSHL, USHL, Youth players

### **Awards**

- PSA Developmental Coach of the Year, 2000
- PSA Lifetime Achievement Award, 2009
- PSA Volunteer of the Year, 2006
- OKCFSC Honorary Lifetime Member

### **Community Involvement**

- U.S. Figure Skating and PSA National Speaker
- U.S. Figure Skating Coaches Committee Chair 2006-11
- Author for Professional Education
- PSA Board Member 1996-2013
- Annual Miller-Brenner Winter Camp Co-Coach
- Founded Positive Tomorrows, OCCC, SNU Skating Classes
- U.S. Figure Skating Committees: Coaches, Ethics
- ISU Coach Developer 2021

### **EDUCATIONAL EXPERIENCE**

- Bachelor of Business Administration University of Central Oklahoma

## Diane Miller

Diane G Miller is a Master Rated National and International Figure Skating Coach, holding a Master Rating in Freestyle, Figures, Sports Science and Moves in the Field.

- 2015 U.S. Figure Skating/PSA "Pieter Kollen" Sport Science Coach of the Year
- 49 years coaching experience
- International and National Coach
- World Team Alternate
- 9 time National and International Competitor
- PSA Level V Ranking
- PSA Conference & Seminar speaker, USOC Speaker
- Professional Skaters Association Honorary Member
- Chair and Service on Several United States Figure Skating Association
- United States Olympic Committee Chair Resident Figure Skating Program

Diane presently resides in Phoenix, Arizona where she continues to coach and present at seminars around the country.

# Fees and Schedule



## **Early Registration Full Day Skating Workshop Fees: March 18 through April 1, 2024**

Niles Residents/Team IceLand Gold Members: \$165.00

Open Registration: \$175.00

## **Regular Registration Full Day Skating Workshop Fees: April 2 through May 2, 2024**

Niles Residents/Team IceLand Gold Members: \$175.00

Open Registration: \$185.00

## **Late Registration Full Day Skating Workshop Fees: May 3 through June 7, 2024**

Niles Residents/Team IceLand Gold Members: \$185.00

Open Registration: \$195.00

## **LIMITED TO THE FIRST 50 SKATERS**

### **Workshop topics, based on level include:**

Toe Jumps, Edge Jumps, Combination Jumps, Basic Spins, Spin Variations, Flying Spins, Off Ice Jumps, Off Ice Spins, and Insight into IJS.

#### **Group A Schedule**

7:45am—Check In/Welcome A and B  
8:10am—9am—Session 1—On Ice A  
9:10am—10am—Session 2—Off Ice A  
9:50am—Ice Cut  
10am—10:50am—Session 3 - On Ice A  
11am—11:30am—Lunch  
11:30am—12pm—Session 4—Off Ice Class Room  
12:10—1pm—Session 5—Off Ice A  
1:10pm—2pm—Session 6—On Ice A  
2:10pm—3pm—Session 7—Off Ice A  
3pm—3:30pm—Session 8—Off Ice Parent Session

#### **Group B Schedule**

7:45am—Check In/Welcome A and B  
8am—8:50am—Session 1—Off Ice B  
9am—9:50am—Session 2—On Ice B  
9:50am—Ice Cut  
10am—10:50am—Session 3 - Off Ice B  
11am—11:30am—Lunch  
11:30am—12pm—Session 4—Off Ice Class Room  
12:10—1pm—Session 5—On Ice B  
1:10pm—2pm—Session 6—Off Ice B  
2:10pm—3pm—Session 7—Off Ice B  
3pm—3:30pm—Session 8—Off Ice Parent Session



# Summer Skating Workshop Registration

Primary Household Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work/Cell Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Program Code	Sec.	Program Title	Day	Fee	Registrant's First & Last Name	Age- M/F	Birth Date
333209	04	6-10-24 Workshop	Mon.	\$			
				\$	<b>Total Fees</b>		

**All Registration must be done through e-mail to:**  
 Amy Forbes at  
 Aforbes@Niles-Parks.org with completed form and payment.  
 Or in person at Niles IceLand Only.

### Credit Card Information

Name: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_  
 Signature: \_\_\_\_\_ Amt.: \$\_\_\_\_\_.\_\_\_\_  
 Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Payment Method:**  
 \*Visa  
 \*Master Card  
 \*Discover Card

### ICE-SKATING PROGRAM WAIVER & RELEASE IMPORTANT INFORMATION

The Niles Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Niles park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for ice-skating activities. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### WARNING OF RISK

**Ice-skating** is intended to challenge and engage the physical, mental and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to head injury, neck or back injury, wrist and ankle fractures, and other orthopedic injuries to limbs and joints. All hazards and dangers cannot be foreseen. The very nature of ice-skating is risky, including but not limited to slip and falls, colliding with other players of varying degrees of skill (including being struck from behind), tripping on irregular ice surfaces, cuts from skate blades, inadequate or defective equipment, ill-fitting skates, failure in supervision or instruction, horseplay, carelessness, poor technique, poor conditioning, rule violations, striking a stationary object, premises defects outside the rink, and all other risks inherent to the sport of ice-skating. In this regard, it must be recognized that it is impossible for the Niles Park District to guarantee absolute safety.

#### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK


Please read this form carefully and be aware that in signing up and participating in the above identified programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in all these programs/activities against the Niles Park District, including its officials, agents, volunteers and employees (here-in after collectively referred as "District"). I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature. Additionally, by signing this form, I am certifying that I qualify for the rate charged (i.e. If resident rate was charged, I am/my children are residents of the Niles Park District). If this is proven untrue, I realize that my park district privileges may be suspended or revoked. Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's publications.

I have read and fully understand the above important, warning or risk, assumption of risk and waiver and release of all claims. PARTICIPATION WILL BE DENIED if the signature of adult participation or parent/guardian and date are not on this waiver.

**NO REFUNDS for Workshop once registration has been processed.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 \_\_\_\_\_ Staff

**LIMITED TO THE FIRST 50 SKATERS**



# Kickoff the Summer Workshop Skater Information Form

Skater's Name: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Primary E-Mail: \_\_\_\_\_ Parent Cell: \_\_\_\_\_

Skater's Home Rink: \_\_\_\_\_

ISI Level: \_\_\_\_\_

USFS/LTS USA LEVEL: \_\_\_\_\_

Primary Coach: \_\_\_\_\_

Primary Coach's E-Mail: \_\_\_\_\_

Emergency Contact #1: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Emergency Contact #2: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Are you interested in private lessons with Coach Jackie or Coach Diane?: \_\_\_\_\_

\*If so someone from our staff will contact you. Workshop fee does not cover private lesson fee or ice time fee for lessons.

Allergies?: \_\_\_\_\_

Other Important Information we should be aware of for your skater: \_\_\_\_\_

\_\_\_\_\_

# Important Information for workshop participants.



## All skaters should bring the following items:

- \* Mat for off ice class
- \*Hard skate guards
- \*Good gym shoes
  - \*Water
  - \*Pen
  - \*Paper
- \*A lunch and snacks.
- \*Off ice spinner.

Groups will be decided based on final registration counts and skaters levels.

All skaters will receive a name tag with their group on it at the time of check in.  
Schedule is subject to change based on enrolment.

No refunds unless the facility cancels event.

Limited private lessons will be available with Jackie Brenner and Diane Miller on Monday June 10th and Tuesday June 11th for those participating in the workshop.

Private lessons will be 30 minutes in length.

The private lesson fee is \$55.00 for 30 minutes. Lessons fees must be paid at the start of the lessons by cash or check made out to the coach.

Additional ice time fees will be paid to Niles IceLand. Guest skaters freestyle fee is \$12.00 per hour. IceLand skaters will use their punch cards for freestyle. All ice time fees must be paid before entering the ice.

Private lessons will be scheduled closer to the time of the workshop. An e-mail will be sent to those skaters that requested private lessons separately from the workshop communications.

### Possible Private Lesson Times:

#### Monday June 10, 2024

6am-7am  
7am-8am  
3:45pm-4:45pm  
4:45pm-5:15pm

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FIRST 50 SKATERS**

*Subject to change based*

### Possible Private Lesson Times:

#### Tuesday June 11, 2024

6am-6:30am  
6:30am-7:30am  
7:30am-8:30am  
8:40am-9:40am  
11am-12pm